

TRAINING

High Performance TEAM MANAGEMENT

Course Objectives

- Understand the importance of identifying the individual needs of team members.
- Differentiate between groups and teams and recognise their strengths and weaknesses.
- Develop a shared team culture to align team members towards common goals.
- Enhance delegation skills and implement effective team management strategies.
- Identify common barriers to team success and implement strategies to overcome them.
- Utilise coaching and mentoring techniques to support the professional development of team members.



www.careerdynamics.ie

Course Learnings and Outcomes

- Run and manage effective team meetings.
- Differentiate between 1:1, Team, and Department team meetings.
- Create a compelling team culture and articulate a shared vision.
- Set clear expectations for team members.
- Build training, goal setting and performance reviews into team engagement.
- Clearly communicate your team vision, goals, and mission.
- Learn coaching techniques for your 1:1 and review meetings.

Course Topics

- Understanding Team Dynamics – Tuckman Model
- Developing a Team Culture and Vision
- Delegation and team management
- Running and managing effective team meetings.
- Overcoming Barriers to Team Success
- Coaching and Mentoring Your Team
- Team dynamic questionnaires

Course Duration

- One Day Course (in person)

career dynamics

ENHANCING | PERFORMANCE | EXCELLENCE

